

# Trails of Discovery

Girl Scout Program & Activity Guide 2022-2023



ALL ABOARD FOR A  
GIRLS TRIP TO CARLSBAD  
CAVERNS - PG. 9

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SPRING ART FIESTA HEADS  
TO SANTA FE - PG. 11

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JUST FOR ADULTS - PG. 16

EARN A TRIP TO

**Disney  
World  
Resort**

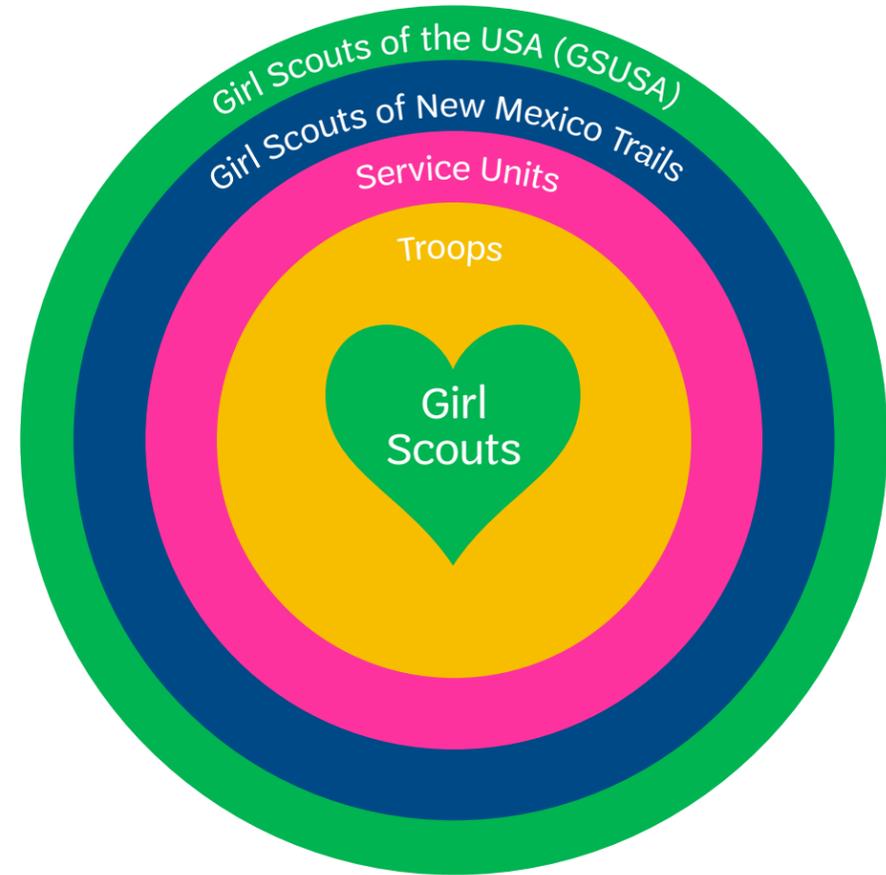
IN 2023



**girl scouts**  
of new mexico trails



Girls are the **heart**  
of our organization!



## Girl Scout Mission

Building girls of courage,  
confidence, and character, who  
make the world a better place.

## Girl Scout Promise

On my honor, I will try:  
To serve God\* and my country,  
To help people at all times,  
And to live by the Girl Scout Law.

\*Members may substitute the word God  
in accordance with their own spiritual  
beliefs.

## Girl Scout Law

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and  
responsible for what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place,  
and be a sister to every Girl Scout.

2022-2023

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# 2022-2023 Important Dates

## OCTOBER

- Oct. 1:** Happy Girl Scout New Year
- Oct. 11:** International Day of the Girl
- Oct. 29:** Mad Science Trunk or Treat
- Oct. 31:** Juliette Gordon Low's Birthday

## NOVEMBER

- Nov. 5:** Jellies & Jammies
- Nov. 6:** Last day for Fall Product Program
- Nov. 19:** Bronze & Silver Award Celebration
- Nov. 19:** Annual Meeting

## DECEMBER

- Dec. 10:** Holiday Entrepreneur Craft Fair
- Dec. 16:** Snowed In @ Rancho del Chaparral

## JANUARY

- Jan. 13:** Snowed In @ Camp Elliott Barker
- Jan. 27:** Girl Scout Cookie Program begins
- Jan. 28:** Brownie Magic

## FEBRUARY

- Feb. 18:** First day of cookie booths

## MARCH

- Mar. 12-18:** Girl Scout Week
- Mar. 19:** Last day for cookie booths

## APRIL

- Apr. 1-30:** Volunteer Appreciation Month
- Apr. 1:** Early Bird membership renewal for 2023-2024 begins
- Apr. 15:** Tough Cookie 5K & Fun Run
- Apr. 22:** Volunteer Appreciation Luncheon

## MAY

- May 6:** Spring Art Fiesta

## JUNE

- Jun. 10:** Family, Fit, Fun Fest

## JULY

- Jul. 18-20:** 56th National Council Session in Florida
- Jul. 21-22:** Phenom by Girl Scouts in Florida

## AUGUST

- Aug. 26:** Museum Mania: Ready, Set, Scavenge!

## SEPTEMBER

- Sep. 23:** S.T.E.M. Extravaganza



LETTER FROM THE CEO

# GIRL SCOUTS ARE OUT OF THIS WORLD!



Welcome to another exciting year of Girl Scouting in central and northern New Mexico! Within the pages of this guide, you will find incredible experiences curated just for Girl Scouts that expand their horizons and open their eyes to new possibilities. Whether your Girl Scout is interested in spending more time outdoors, traveling to new places, or preparing to launch a bustling babysitting business, her opportunities are endless as a member of the nation's preeminent leadership organization for girls.

The Girl Scouts mission to build girls of courage, confidence, and character, who make the world a better place, could not be carried out without supportive adults in every community we serve. As a Girl Scout council, we partner with hundreds of volunteers in troops, service units, and businesses each year to ensure that girls have the opportunity to experience new things. In order to make sure that our valued volunteers are equipped to "move at the pace of the girls," we have created regular opportunities for peer-connection and learning, which are all included in this guide as well.

Year after year, many girls have told us that they are curious about camping but don't perceive themselves as "outdoorsy." We believe that every girl should feel confident about camping if she so chooses, so we've added a few new activities and camps for Girl Scout families to take away some of the fear and uncertainty about camping away from home (brothers and dads are welcome)! We hope that your family has a chance to visit our two beautiful camp properties, Rancho del Chaparral in the Jemez Mountains and Camp Elliott Barker in Angel Fire, at some point in the next year.

Whether your Girl Scout is participating as part of a troop or as a "Juliette" (an individually registered member) we hope that you will go through this guide as a family and take note of the events and activities that piqued your curiosity. To register for anything you see in the guide, sign in to your myGS account online then search for events. If you have questions or trouble finding something, our Customer Care team is here to help!

Yours in Girl Scouting,

*Rebecca*

Rebecca Latham  
CEO and Lifetime Member

## DO TELL!

What Girl Scout traditions make your troop out of this world?

Are there special T-shirts, events, or stories that are shared? Drop us a line and a favorite photo at [bit.ly/GSNMTPHOTOS](https://bit.ly/GSNMTPHOTOS) and you just might be featured in an upcoming social media post.

LETTERS & COMMENTS: [customercare@nmgirlscouts.org](mailto:customercare@nmgirlscouts.org)

FOLLOW US ON SOCIAL! @nmgirlscouts     

# IMPORTANT EVENT INFORMATION

## Discover a new adventure!

Browse our guide for scheduled events in the 2022-2023 Membership Year. New activities are continuously added, so visit [nmgirlscouts.org/events](https://nmgirlscouts.org/events) for additional options all year long.

- Troops may register for all events. However, not all events may be able to accommodate large troops.
- A limited number of adult spaces are available at all events. Our goal is to accommodate as many Girl Scouts at these events as possible. GSNMT reserves the right to cancel and refund additional adults not required for Safety Wise ratio.
- Only register those intending to attend. Do not “hold” spaces with other individuals in your troop/family. **Swapping registrants is not allowed.**
- Events must be paid in full to complete registration. Girl Scouts are welcome to pay for events using program credits or applying for Opportunity Fund. Please contact the Customer Care team for assistance at 505-343-1040 or [customercare@nmgirlscouts.org](mailto:customercare@nmgirlscouts.org).
- GSNMT offers financial assistance, aka the Opportunity Fund, for girl membership, uniform, and event fees. To apply, visit [nmgirlscouts.org/opportunityfund](https://nmgirlscouts.org/opportunityfund).
- Visit [nmgirlscouts.org/events](https://nmgirlscouts.org/events) and click on the event from the listing or calendar view. Find the “Register Now” link. Follow the prompts to complete your registration.
- Please visit [nmgirlscouts.org](https://nmgirlscouts.org) for full details on our refund policy.

## EVENT DIRECTORY KEY

- ★ EVENT INCLUDES A PATCH/BADGE
- F FAMILY EXPERIENCE
- A ADULT REQUIRED

Events listed with an **F** symbol mean family and friends are welcome to participate with their Girl Scout. Attendees are not required to be registered Girl Scouts. All children must be accompanied by an adult chaperone.

Events listed with an **A** symbol mean “Adult Required” and Girl Scouts must be accompanied by an adult chaperone. If the event is not listed with an **F** symbol, the adult is required to be registered as a Girl Scout member and have a valid background check.

# Program Directory

## by page and grade level

D = K - 1<sup>st</sup> grade   
 B = 2<sup>nd</sup> - 3<sup>rd</sup> grade   
 J = 4<sup>th</sup> - 5<sup>th</sup> grade,  
C = 6<sup>th</sup> - 8<sup>th</sup> grade   
 S = 9<sup>th</sup> - 10<sup>th</sup> grade   
 A = 11<sup>th</sup> - 12<sup>th</sup> grade,  
◆ = open to families   
 ▲ = open to adults   
 ★ = includes a badge or patch

		D	B	J	C	S	A	◆	▲	★
Annual Meeting	p. 9	●	●	●	●	●	●	◆	▲	★
Babysitting Training	p. 14				●	●	●			★
Bridge to Adventure Troop & Family Camp	p. 11	●	●	●	●	●	●	◆	▲	★
Bronze & Silver Award Celebration	p. 8	●	●	●	●	●	●	◆	▲	
Brownie Magic	p. 10		●							
Camp Cocktail	p. 17								▲	
Christmas in Carlsbad	p. 9			●	●	●	●			★
Cupcake Wars	p. 11	●	●	●	●	●	●			★
Daisy Petal Series	p. 8	●								★
Daisy Petal Series	p. 10	●								★
First Aide/CPR/AED for Adult/Child/Infant	p. 14 & 16				●	●	●		▲	★
Galentine's Day!	p. 10	●	●	●						★
Girl Scout Evening at E3 Children's Museum & Science Center	p.10	●	●	●						★
Girl Scout Holiday Entrepreneur Craft Fair	p. 9	●	●	●	●	●	●	◆	▲	★
Girl Scout Week Challenge & Celebration	p. 10	●	●	●						★
Girl Scouts Build the Change	p. 14			●	●					
Girl Scouts Love State Parks	p. 11	●	●	●	●	●	●	◆	▲	★
Going for Gold	p. 14				●	●	●			
Great Backyard Bird Count	p. 10	●	●	●	●	●	●			
Honor Camp	p. 8	●	●	●	●	●	●			★
Jellies & Jammies	p. 8	●	●	●						★
Knots, Knives, and Campfires Oh My! - Outdoor Skills Youth Expo (Albuquerque)	p. 15				●	●	●			★
Knots, Knives, and Campfires Oh My! - Outdoor Skills Youth Expo (Angel Fire)	p. 15				●	●	●			★
Mad Science Trunk or Treat	p. 8	●	●	●	●	●	●	◆		
Museum Mania: Ready, Set, Scavenge!	p. 11	●	●	●	●	●	●	◆		★
New Volunteer Series - Adjusting Materials to Meet Your Group's Needs	p. 16								▲	

		D	B	J	C	S	A	◆	▲	★
New Volunteer Series - Girl Scout Traditions and Ceremonies	p. 16								▲	
New Volunteer Series - Group Finance Best Practices	p. 16								▲	
New Volunteer Series - Journeys	p. 16								▲	
New Volunteer Series - Parent Meetings	p. 16								▲	
New Volunteer Series - Troop Leadership	p. 16								▲	
New Volunteer Series - Troop Organization	p. 16								▲	
New Volunteer Series - What to Expect when Your Group Ages Up	p. 16								▲	
Outdoor Skills Expo for Troops, Families & Adults	p. 15		●	●	●	●	●	◆	▲	★
Pajama Dance Party	p. 9	●	●	●						★
Rainbow Fudge & the History of the LGBTQ+ Flag	p. 11		●	●						★
Rancho on the Road	p. 10	●	●	●						
Run Juliette, Run! Weekend Troop Camp	p. 8	●	●	●	●	●	●			★
S.T.E.A.M. Saturday	p. 11	●	●	●	●	●	●			★
S.T.E.M. Extravaganza	p. 11	●	●	●	●	●	●	◆	▲	★
Snowed In Winter Family Camp	p. 10	●	●	●	●	●	●		▲	★
Snowed In Winter Troop & Family Camp	p. 9	●	●	●	●	●	●	◆	▲	★
Spring Art Fiesta	p. 11	●	●	●	●	●	●	◆	▲	★
Teen Mentor Training	p. 14				●	●	●			
The Great Cookie Cook-off	p. 8	●	●	●	●	●	●	◆	▲	★
Tough Cookie 5K & Fun Run	p. 11	●	●	●	●	●	●	◆	▲	★
Travel Training	p. 14 & 16				●	●	●		▲	
Troop Talk - Engaging Daisies and Brownies	p. 16								▲	
Troop Talk - Engaging Seniors and Ambassadors	p. 16								▲	
Troop Talk - High Awards	p. 16								▲	
Troop Talk - MagNuts	p. 16								▲	
Troop Talk - Recognitions	p. 16								▲	
Troop Talk - Recruitment	p. 16								▲	
Troop Talk - Travel	p. 16								▲	
Troop Talk - Utilizing Volunteers	p. 16								▲	
Volunteer Expo - Mental Health/Self Care Focus	p. 16								▲	
Volunteer Expo - The Troop Experience	p. 16								▲	★
Winter Solstice Celebration	p. 16								▲	★
Winter Wonderland Trek at Camp Elliott Barker	p. 10			●	●	●	●			★
Year End Activity Report (YEAR) Training	p. 17								▲	

**Thank you for investing in girls!**

**GIRLS CAN ATTEND EVENTS WITHOUT THEIR TROOP!**

There may be events your Girl Scout wants to attend but their troop isn't going. That doesn't mean she has to miss them! We offer a range of events for girls to explore their own interests. Plus, they'll make new friends and expand their friendship circle. Some events may require an adult chaperone to attend. See online event listings for full details.

# 2022 ACTIVITIES & SPECIAL EVENTS

## Run Juliette, Run! Troop Camp **A**★

October 1-2, 10:00 am - 1:00 pm  
All Ages ♦ Rancho del Chaparral

Troops are invited to Rancho del Chaparral for a weekend of hiking, learning about trail running, outdoor cooking, crafts, and more! Daisies-Cadettes will earn their Hiking/Trail Running badge.

\$30/girl, \$15/Safety Wise adult, \$0/Adult volunteer

## “Throw Like a Girl” Axe Throwing ★

October 14, 4:00 pm or 6:00 pm  
Girls 12 and older ♦ Albuquerque

Learn how to throw an axe and compete against other Girl Scouts while earning a fun patch during this two-hour activity! Select your session during registration.

\$45/girl, \$45/Adult volunteer (limited space)

## “Throw Like a Girl” Axe Throwing ★

October 15, 2:00 pm or 4:00 pm  
Girls 10 and older ♦ Santa Fe

Learn how to throw an axe and compete against other Girl Scouts while earning a fun patch during this two-hour activity! Select your session during registration.

\$45/girl, \$45/Adult volunteer (limited space)

## Mad Science Trunk or Treat **A** **F**

October 29, 5:00 pm  
All Ages ♦ Albuquerque

Join us for an evening of Halloween fun! Trick or Treat, compete in costume contests, and visit our Mad Scientist’s Lab for spooky science, creepy crafts, and ghostly games.

FREE

## Daisy Petal Series ★

November 1, 8, 15, 22, & 29, 6:00 pm  
Daisies (K & 1<sup>st</sup> grade) ♦ Virtual

Learn about the Daisy Flower Friends and the foundation of Girl Scouts through our Girl Scout Promise and Law -- all while earning 10 Daisy Petals for your uniform.

\$10/girl



## The Great Cookie Cook-Off **A** **F**★

November 5, 10:30 am  
All Ages ♦ Albuquerque

Put your cooking skills to the test and earn a special patch during this “Chopped” style competition! Your troop, family, or group of friends will use grills, a campfire, dutch oven, or other chosen form of outdoor cooking to create a one of a kind outdoor dessert recipe! Top three teams will win a prize.

\$25/team (team = min 4/max 10)

## Jellies & Jammies **A**★

November 5, 6:00 pm  
Daisies, Brownies, & Juniors (K-5<sup>th</sup> grade) ♦ Albuquerque

Wear your jammies to the ABQ BioPark Aquarium after hours to celebrate World Jellyfish Day! Learn about creatures that call the water home, as you participate in hands-on activities and crafts, explore the tide pool, tour the aquarium, enjoy a pizza dinner, and take home a special patch.

\$30/girl, \$25/adult

## Honor Camp ★

November 12, 10:00 am  
All Ages ♦ Albuquerque

Attend this special program presented in partnership with our military veterans that includes a flag ceremony and retirement, patriotic tie dye, arts & crafts, campfire safety, and take home trail mix.

\$10/girl, \$0/Adult volunteer (limited space)

## Bronze & Silver Award Celebration

All Ages  
November 19, 8:30 am ♦ Albuquerque

Families & troops are invited to celebrate our recent Bronze and Silver Award Girl Scouts as they receive their pin and recognition.

FREE

## Annual Meeting

All Ages  
November 19, 10:00 am ♦ Albuquerque

Families & troops are invited to take part in the Annual Business Meeting of Girl Scouts of New Mexico Trails.

FREE

## Christmas in Carlsbad ★

December 10-11, 8:00 am - 8:00 pm  
Juniors, Cadettes, Seniors, & Ambassadors  
(4<sup>th</sup>-12<sup>th</sup> grade) ♦ Carlsbad

Pack your bags for an overnight trip to explore and experience Carlsbad Caverns National Park, Christmas on the Pecos, and Living Desert Zoo & Gardens State Park!

\$250/girl, \$0/Safety Wise Adult Chaperone (2 max)

## Holiday Entrepreneur Craft Fair **A** **F**★

December 10, 9:00 am  
All Ages ♦ Albuquerque

Flaunt your entrepreneur skills and earn money by selling your crafts at our 2nd Annual Girl Scout Holiday Entrepreneur Craft Fair!

\$30/booth, \$0 to attend & shop

## Snowed In Troop/Family Camp **A** **F**★

December 16-18, 5:00 pm - 11:00 am  
All Ages ♦ Rancho del Chaparral

Get ready for winter fun at wonderful Rancho del Chaparral! There will be indoor activities (crafts, STEM, etc) as well as outdoor adventures like hiking and sledding.

\$40/child, \$25/adult

## Pajama Dance Party ★

December 16, 6:00 pm  
Daisies, Brownies, & Juniors (K-5<sup>th</sup> grade) ♦ Virtual

Make a snack, work on self-care, hang with your friends, and get your groove on!

\$5/girl



# 2023 ACTIVITIES & SPECIAL EVENTS

## **Snowed In Family Camp**

January 13-15, 5:00 pm - 11:00 am  
All Ages ♦ Camp Elliott Barker

Get ready for winter fun at wonderful Camp Elliott Barker! There will be indoor activities (crafts, STEM, etc) as well as outdoor adventures like hiking and sledding.

\$40/girl, \$25/adult

## **Girl Scout Evening at E<sup>3</sup> Children's Museum & Science Center**

January 21, 5:00 pm  
Daisies, Brownies, & Juniors (K-5<sup>th</sup> grade) ♦ Farmington

Girl Scouts will have full access to explore the museum after-hours, experience special activities, and enjoy a pizza dinner!

\$10/girl, \$5/adult

## **Winter Wonderland Trek**

January 27-29, 5:00 pm - 11:00 am  
Juniors, Cadettes, Seniors, & Ambassadors (5<sup>th</sup>-12<sup>th</sup> grade) ♦ Camp Elliott Barker

Go on a guided snow shoe tour in the Enchanted Forest, learn about winter time astronomy, and (weather allowing) try ice fishing!

\$85/person

## **Brownie Magic**

January 28, 3:00 pm  
Brownies (2<sup>nd</sup>-3<sup>rd</sup> grade) ♦ Albuquerque

Join us for a day of Girl Scout traditions and fun with your fellow Brownies. Activities include: Flag Ceremony, crafts, self-care, games, snacks, and community service. The day will wrap up with the ultimate Girl Scout tradition: Campfire songs and S'mores.

\$20/girl, \$0/Safety Wise adult

## **Galentine's Day**

February 10, 6:00 pm  
Daisies, Brownies, & Juniors (K-5<sup>th</sup> grade) ♦ Virtual

Make a treat, create a craft, and learn how to look out for one another while earning a special patch!

\$5/girl

## **Great Backyard Bird Count**

February 17  
All Ages ♦ Virtual/Self Paced

Earn a special patch for participating in the Audubon Society's Great Backyard Bird Count from the comfort of your own home!

\$5/person

## **Daisy Petal Series**

March 1, 8, 15, 22, & 29, 6:00 pm  
Daisies (K & 1<sup>st</sup> grade) ♦ Virtual

Learn about the Daisy Flower Friends and the foundation of Girl Scouts through our Girl Scout Promise and Law -- all while earning 10 Daisy Petals for your uniform.

\$10/girl

## **Girl Scout Week Challenge & Celebration**

March 17, 6:00 pm  
Daisies, Brownies, & Juniors (K-5<sup>th</sup> grade) ♦ Virtual

Girl Scout Week is celebrated each March to mark the great sisterhood of Girl Scouting & commemorate the day when the organization was born. Earn a patch by completing Girl Scout-themed activities throughout the week, then join us Friday to celebrate with a fun virtual party!

\$5/girl

## **Rancho on the Road**

March 25, 8:30 am  
Daisies, Brownies, & Juniors (K-5<sup>th</sup> grade) ♦ Farmington

Rancho del Chaparral is hitting the road! Participate in a sampling of activities based on the programs that will be happening at Rancho for summer 2023.

\$25/girl, \$0/Adult volunteer (limited space)

## **Rancho on the Road**

March 25, 12:30 pm  
Cadettes, Seniors, & Ambassadors (6<sup>th</sup>-12<sup>th</sup> grade) ♦ Farmington

Rancho del Chaparral is hitting the road! Participate in a sampling of activities based on the programs that will be happening at Rancho for summer 2023.

\$25/girl, \$0/Adult volunteer (limited space)

## **Tough Cookie 5K & Fun Run**

April 15, 10:00 am  
All Ages ♦ Across Council

Celebrate being a Tough Cookie with your family, troop, or service unit! Each service unit will plan a fun outing for participants to run or walk, with a portion of every registration going to your service unit. All participants receive a t-shirt and patch!

\$18/child, \$22/adult

## **Volunteer Appreciation Luncheon**

All Ages  
April 22, 12:00 pm ♦ Albuquerque

Join us as we honor the outstanding leaders, assistant leaders, parents, and volunteers for their time, energy, and commitment to the Girl Scout Movement.

\$10/person, Honorees are FREE

## **Spring Art Fiesta**

May 6, 10:00 am  
All Ages ♦ Santa Fe  
Bring your family or troop to learn all about art and to get creative. Visit interactive booths, see demonstrations, performances, and create your own art to take home while earning a custom patch.

\$5/child

## **Bridge to Adventure Troop/Family Camp**

May 27 - 28, 11:00 am - 12:00 pm  
All Ages ♦ Rancho del Chaparral

Join other Girl Scouts and their families at Rancho del Chaparral to celebrate your journey, have some fun, and get to know Rancho del Chaparral. There will be a special bridging ceremony for our bridging Girl Scouts.

\$25/bridging Girl Scout, \$45/non-bridging youth, \$45/adult

## **Family, Fit, Fun Fest**

June 10, 9:00 am  
All Ages ♦ Albuquerque

Learn all about keeping fit and healthy - mentally, physically and emotionally. Visit hands-on booths, see demonstrations and performances, and get up and moving with lots of healthy learning activities while earning a custom patch.

\$5/child

## **Rainbow Fudge & the History of the LGBTQ+ Flag**

June 23, 6:00 pm  
Brownies & Juniors (2<sup>nd</sup>-5<sup>th</sup> grade) ♦ Virtual

Earn a patch while making Rainbow Fudge while learning the history of the LGBTQ+ Flag.

\$5/girl

## **VIP Cookie Camp**

July 5-8  
All Ages ♦ Rancho del Chaparral

Girl Scouts who reach a goal of at least 1500 boxes of cookies are invited to this special VIP camp experience with our CEO. The top entrepreneurs will be treated like VIPs while they meet special guests, try unique experiences, and take home swag bags to celebrate their hard work.

\$0/girl who meets goal of 1500+ boxes

## **Cupcake Wars**

July 15, 1:00 pm  
All Ages (K-12<sup>th</sup> grade) ♦ Gallup

Earn a patch while learning the basics to cupcake decorating! Combine your new skills with your creativity to compete in themed decorating challenges.

\$10/girl

## **Museum Mania: Ready, Set, Scavenge!**

August 26, 10:00 am  
All Ages (K-12<sup>th</sup> grade) ♦ Albuquerque

Participate in a museum scavenger hunt through Old Town. Adventure through different museums to earn your Museum Mania patch.

\$30/girl, \$35/adult

## **Girl Scouts Love State Parks**

September 9-10  
All Ages ♦ Various NM State Parks

Spend the day with your family or troop getting to know one of New Mexico's state parks! Many parks will have ranger-led activities throughout the weekend just for Girl Scouts, and all participants will receive admission to a park and a special participation patch.

\$10/person

## **S.T.E.A.M. Saturday**

September 16, 10:00 am  
All Ages (K-12<sup>th</sup> grade) ♦ Clovis

Learn through play, earn a patch, and try hands-on activities that will spark your curiosity in Science, Technology, Engineering, Art, and Math!

\$20/girl

## **S.T.E.M. Extravaganza**

September 23, 10:00 am  
All Ages ♦ Albuquerque

Visit interactive booths, meet scientists, see demonstrations and performances, conduct experiments, earn a patch, and get hands-on with Science, Technology, Engineering, and Math!

\$15/girl member, \$20/child non-member  
\$10/adult member, \$15/adult non-member

 EVENT INCLUDES A PATCH/BADGE

 FAMILY EXPERIENCE

 ADULT REQUIRED

# Maximize your Girl Scout Experience with Product Program



JayCee the Seal

Lillie the Dolphin

MagNut Program

Cookie Program



A few rewards you can earn during the 2023 cookie program!



THE HIT BROADWAY MUSICAL



Product Programs help girls develop 5 skills essential to leadership, success, and life:

1

### Goal Setting

Girls learn how to set goals and create a plan to reach them.

2

### Decision-Making

Girls learn to make decisions on their own and as a team.

3

### Money Management

Girls learn to create a budget and how to handle money.

4

### People Skills

Girls find their voice and build confidence through customer interactions.

5

### Business Ethics

Girls learn to act ethically, both in business and in life.

## Be a MagNut Entrepreneur!

- Practice your entrepreneurial skills and build a customer base for the Cookie Program through this fall magazine, nut, and candy sales program
- Help your troop get a head start on raising proceeds for the year

### Important MagNut Dates

**September 23:** Order taking begins

**October 16:** Last day for paper order card orders

**October 20:** Last day for online girl delivered orders

**November 6:** Last day for direct ship orders

## Be a Cookie Entrepreneur!

- Continue to hone your entrepreneurial skills and gain confidence
  - Earn rewards as you achieve your goals
- Help your troop continue to raise proceeds to fund Girl Scout experiences and adventures

### Important Cookie Dates

**January 27:** Digital Cookie Opens

**February 18 - March 19:** Cookie booths and in-person purchases

**March 19:** Last day for cookies

There's a new cookie in town!

Learn more about Raspberry Rally at

[nmgirlscouts.org/cookies](https://nmgirlscouts.org/cookies)



## Earn a trip to Disney World Resort in July 2023



July 20-22, 2023  
Walt Disney World® Resort  
Lake Buena Vista, FL

New friendships, epic celebrations, and awesome adventures await at Phenom by Girl Scouts at the Walt Disney World® Resort.

Sell 4000+ boxes of cookies to earn your spot!

# SKILL BUILDING FOR GIRLS

## First Aide/CPR/AED Training ★

Girls 12 and older

The American Red Cross First Aide/CPR/AED program is designed to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. Upon completion, you will be certified in First Aide/CPR for adult, child, and infant for two years from the date of completion.

\$30/member, \$50/non-member

Albuquerque ~ 8:30 am

October 8, 2022	November 12, 2022
December 10, 2022	January 14, 2022
February 11, 2023	March 11, 2023
April 8, 2023	May 13, 2023
June 10, 2023	July 8, 2023
August 12, 2023	September 9, 2023

## Teen Mentor Training

Cadettes, Seniors, & Ambassadors (6<sup>th</sup>-12<sup>th</sup> grade)

Discover tips and tricks to planning activities for younger girls, how to work with girls of differing abilities, and how to plan your event for other girls! Teen Mentor training is the required for Cadettes earning their Program Aide Award and for Seniors and Ambassadors earning their Volunteer in Training Award.

FREE

Virtual

October 20 & 27, 2022, 6:00 pm  
April 15, 2023, 1:00 pm

Albuquerque

November 5, 2022, 9:00 am  
February 4, 2023, 9:00 am  
May 6, 2023, 9:00 am

## Travel Training

Cadettes, Seniors, & Ambassadors (6<sup>th</sup>-12<sup>th</sup> grade)

This course covers Girl Scout travel requirements and tips and tricks for troops and girl members who want to travel. Travel training is required for planning trips 3 nights or longer.

FREE

Albuquerque & Virtual

November 1, 2022, 6:30 pm  
March 27, 2023, 6:30 pm  
June 6, 2023, 6:30 pm

## Going for Gold

Seniors & Ambassadors (9<sup>th</sup>-12<sup>th</sup> grade)

The Girl Scout Gold Award is the highest award a Girl

Scout Senior or Ambassador (grades 9th -12th) can earn in Girl Scouts. We will cover guidelines, strategies, and other helpful tips, as well as leaving time for Q&A. Use this training and activity as the first 90 minutes towards your required 80 hours.

FREE

Virtual

November 2, 2022, 6:00 pm  
February 8, 2023, 6:00 pm  
April 5, 2023, 6:00 pm  
September 7, 2023, 6:00 pm

## Girl Scouts Build the Change

Juniors & Cadettes (4<sup>th</sup>-8<sup>th</sup> grade)

Prepare to earn your Bronze or Silver Award and build the change with a hands-on activity using Legos or other materials you have around the house. Use this training and activity as the first 60 minutes towards your required 20 or 50 hours working on your project.

FREE

Virtual

November 9, 2022, 6:00 pm  
February 15, 2023, 6:00 pm  
April 12, 2023, 6:00 pm  
September 14, 2023, 6:00 pm

## Babysitting Training ★

Girls 12 and older

American Red Cross Babysitting Classes will give you all the tools you need to learn to be an amazing babysitter! Learn “sitter survival” secrets, tips for how to find a job near you, and learn how to care for babies, toddlers and kids up to 10 years old. Learn what to do in an emergency and how to make playtime fun for those you are babysitting!

\$30/member, \$35/non-member

Albuquerque

November 12, 2022, 2:00 pm  
January 14, 2023, 2:00 pm  
March 11, 2023, 2:00 pm  
May 13, 2023, 2:00 pm  
July 8, 2023, 2:00 pm  
September 9, 2023, 2:00 pm



## Knots, Knives, and Campfires, Oh My! ★

February 4, 2023, 12:00 pm ♦ Camp Elliott Barker  
April 29, 2023, 9:30 am ♦ Albuquerque  
Cadettes, Seniors, & Ambassadors (6<sup>th</sup>-12<sup>th</sup> grade)

Spend a day at camp learning outdoor skills, playing games, earning a patch, and hanging out with other Cadette, Senior, and Ambassador Girl Scouts.

\$25/girl, \$0/Adult Volunteer (limited space)

## Outdoor Skills Expo for Troops, Families, & Adults

All Ages  
September 2-3, 2023, 10:00 am ♦ Rancho de Chaparral

Learn or practice your outdoor skills while having fun, cooking out, singing songs, earn a patch, and more. There will be educational and fun activities to choose from, time to mingle with other members from across New Mexico, and a chance for adult volunteers to practice leading different ages of youth through skills.

\$25/youth, \$15/adult, \$0/program facilitator, \$10/person early check-in on Friday

# Volunteer with Girl Scouts

Just like the Girl Scouts they guide, volunteers lead with their hearts and bring a playful sense of curiosity to everything they do. Whatever your unique skills or interests, as a volunteer, you can help Girl Scouts unlock their limitless potential and make a lasting difference in the world. See for yourself how empowering it is to be a role model. The best part? There's no one type of volunteer. If you believe that Girl Scouts can change the world, you belong here.

Your talents can help her shine! When you become a volunteer, you'll immediately start to feel and see the impact you can have on the lives of girls. You'll be with them as they experience new adventures and learn new skills. You'll watch their confidence soar. You'll experience the joy of creating a more fair, equal, and compassionate world where every girl has a seat at the table.

Volunteer in a troop role, spending quality time with girls as the Troop Leader, Assistant Troop Leader, or Troop Helper. Help girls learn business and entrepreneurship skills as the Troop Cookie Chair or Troop Treasurer. Whether you can give a few hours, a few weeks, or a few months, volunteering with Girl Scouts is flexible and fun!

Girls are ready to go, and they can't do it without you! Sign up to become a Girl Scout volunteer today: [nmgirlscouts.org/volunteer](https://nmgirlscouts.org/volunteer).



★ EVENT INCLUDES A PATCH/BADGE

F FAMILY EXPERIENCE

A ADULT REQUIRED

# JUST FOR ADULTS

## First Aid/CPR/AED Training ★

The American Red Cross First Aid/CPR/AED program is designed to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. Upon completion, you will be certified in First Aid/CPR for adult, child, and infant for two years from the date of completion.

\$30/member, \$50/non-member

### Albuquerque

October 8, 2022	November 12, 2022
December 10, 2022	January 14, 2023
February 11, 2023	March 11, 2023
April 8, 2023	May 13, 2023
June 10, 2023	July 8, 2023
August 12, 2023	September 9, 2023

## Travel Training

This course covers Girl Scout travel requirements and tips and tricks for troops and girl members who want to travel. Travel training is required for planning trips 3 nights or longer.

FREE

### Albuquerque & Virtual

November 1, 2022, 6:30 pm  
 March 27, 2023, 6:30 pm  
 June 6, 2023, 6:30 pm

## Troop Talk

Troop talks provide an opportunity for volunteers to network and brainstorm around specific topics. Bring your questions, ideas, and best practices.

FREE

### Virtual

**Utilizing Volunteers:** October 12, 2022, 6:30 pm  
**High Awards:** November 9, 2022, 6:30 pm  
**Recognitions:** January 11, 2023, 6:30 pm  
**Travel:** April 12, 2023, 6:30 pm  
**Engaging Juniors & Cadettes:** May 10, 2023, 6:30 pm  
**Engaging Seniors & Ambassadors:** June 14, 2023, 6:30 pm  
**Engaging Daisies & Brownies:** July 12, 2023, 6:30 pm  
**Recruitment:** August 9, 2023, 6:30 pm  
**MagNuts:** September 13, 2023, 6:30 pm

## New Volunteer Series

The New Volunteer Series runs throughout the year with topics that may be of more immediate concern for a new troop volunteers. However ALL troop volunteers are welcome as they are topics important to any troop, plus it's a great time to share ideas.

FREE

### Albuquerque & Virtual

**Adjusting Materials to Meet Your Troop**  
**Needs:** October 18, 6:30 pm  
**Journeys:** November 15, 6:30 pm  
**Group Finance Best Practices:** January 17, 2023, 6:30 pm  
**Traditions & Ceremonies:** April 18, 2023, 6:30 pm  
**What to Expect when Your Group**  
**Ages Up:** May 16, 2023, 6:30 pm  
**Troop Leadership:** June 20, 2023, 6:30 pm  
**Planning Your Girl Scout Year:** July 18, 2023, 6:30 pm  
**Troop Organization:** August 15, 2023, 6:30 pm  
**Parent Meetings:** September 19, 2023, 6:30 pm

## Volunteer Expo: The Troop Experience ★

November 19, 2022, 1:00 pm ♦ Albuquerque

Join us for this Volunteer Expo focused on troop management and activities.

\$10/person

## Winter Solstice Celebration

Adults Only  
 December 21, 2022, 5:00 pm ♦ Albuquerque

Girl Scout Adults and Alumnae are invited to celebrate the solstice and participate in some good, old fashioned Girl Scout fun!

\$10/person

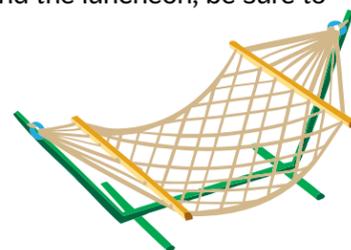
## Volunteer Expo: Mental ★

### Health/Self Care

April 22, 2023, 8:30 am ♦ Albuquerque

Join us for a Volunteer Expo centered around mental health and self care topics. There will be a lunch break from noon to 2 pm for people to enjoy the Volunteer Appreciation Luncheon. If you wish to attend the luncheon, be sure to register for it too!

\$10/person



## Year End Activity Report (YEAR) Training

April 24, 2023, 6:30 pm ♦ Albuquerque & Virtual

First Year End Activity Report (YEAR) or maybe you want a refresher on the finance report? Not sure what you'll need to complete this year's report? How will the money need to be categorized? We will cover that and more during this session.

FREE

## Camp Cocktail

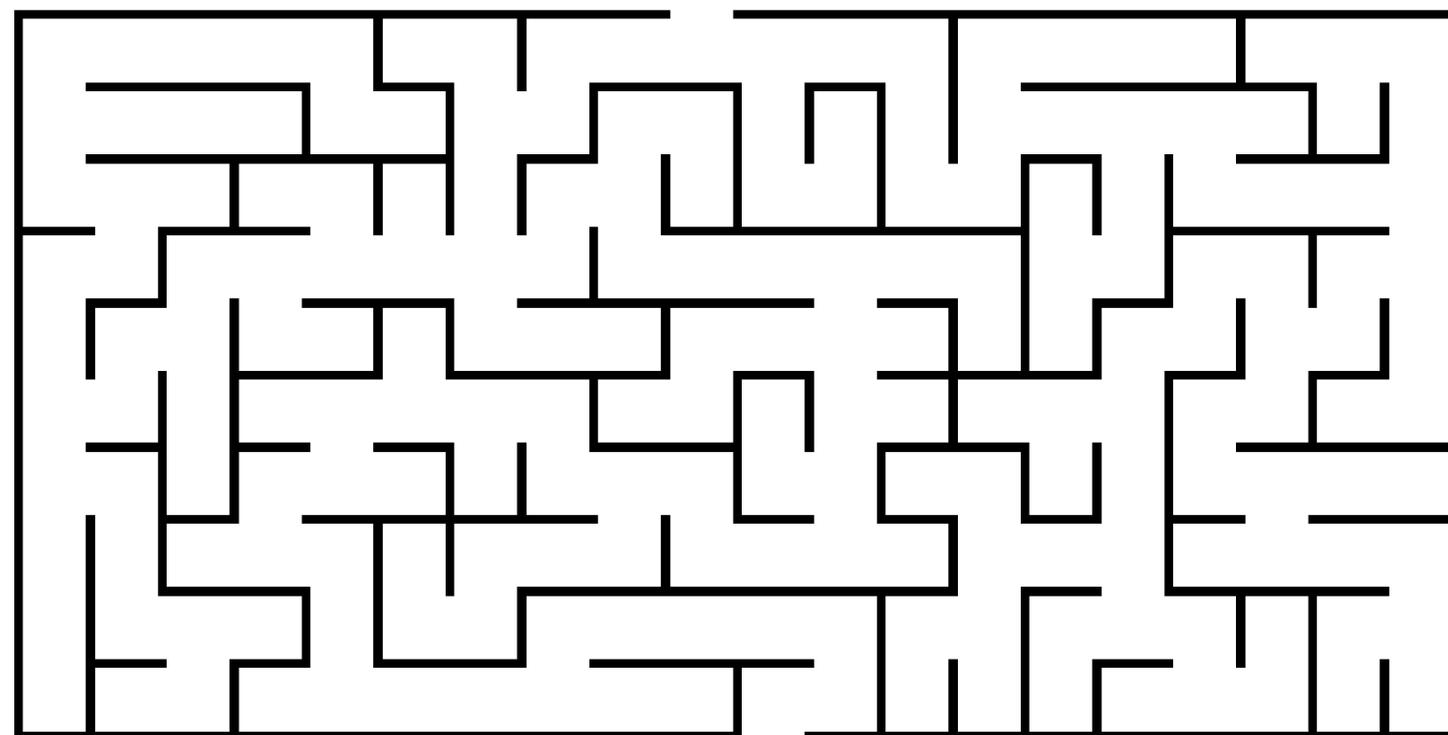
Adults Only  
 August 4 - 6, 2023, 10:00 am - 12:00 pm  
 Camp Elliott Barker

Women of all ages and outdoor experience levels are invited to this cocktail-inspired camp, complete with traditional camp activities during the day and wine tasting and mixology lessons at night. Tie-dye your custom camp shirt, paint your own wine glass, enjoy yoga in the morning and hiking in the afternoon. Proceeds benefit year-round Girl Scout leadership programs for girls in K-12th grade.

\$150/person

## Maze: Girl Scouts is Fun at Every Corner!

▼ Start here



End here ▲



★ EVENT INCLUDES A PATCH/BADGE

F FAMILY EXPERIENCE

A ADULT REQUIRED

# Girl Scout Word Search

Find these 14 words in the puzzle. Words can go in any direction. Words can share letters as they cross over each other.

Ambassador  
Badges  
Brownie  
Cadette  
Camp

Cookies  
Daisy  
Juliette  
Junior  
Law

Promise  
Senior  
SWAP  
Troop

C	A	D	E	T	T	E	G	Z	J
A	M	H	A	D	Q	B	F	P	U
M	B	A	D	G	E	S	R	A	L
P	A	R	U	H	H	K	I	W	I
O	S	C	O	O	K	I	E	S	E
O	S	Q	L	W	A	L	N	E	T
R	A	R	Q	D	N	P	D	N	T
T	D	A	I	S	Y	I	S	I	E
R	O	I	N	U	J	W	E	O	V
P	R	O	M	I	S	E	T	R	X

## GSNMT Events I Want to Attend

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

## Favorite GS Memories

## Ideas to Inspire Me

## My Girl Scout Journal

## 5 things I've Never Tried

## My Three Top Goals for This Year in Girl Scouting

1

2

3

## Things to Be Happy About



When girls participate in Girl Scout outdoor programming, they benefit in important ways:

**1**

**Outdoor Competence**

Girls learn to engage safely and responsibly in a range of outdoor activities.

**2**

**Outdoor Interest**

Girls develop a love of nature and an interest in the natural world.

**3**

**Outdoor Confidence**

Girls gain confidence in their ability to take on new challenges and learn to succeed in them.

**4**

**Environmental Stewardship**

Girls come to understand how their behaviors impact the environment and what they can do to protect the natural world.

# Camp Is Calling!

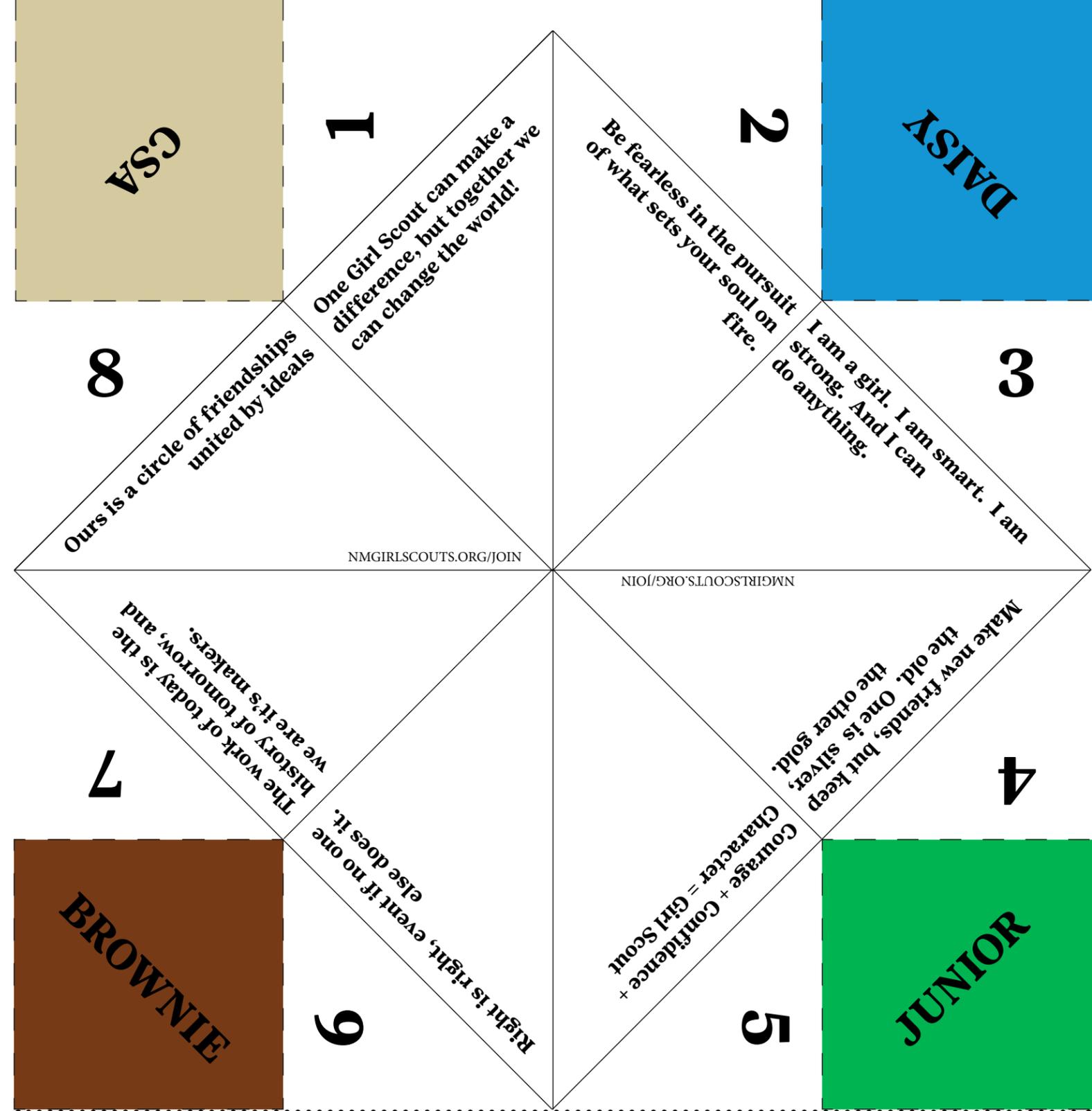
Girl Scout Camp will always be a place where she can:

- ▶ Explore the great outdoors
- ▶ Grow by trying new things
- ▶ Build her problem-solving skills
- ▶ Make awesome new friends
- ▶ Be a leader

We offer day, overnight, family, troop, and winter camps.

**Learn more about our beautiful camps, Camp Elliott Barker & Rancho del Chaparral today!**

[nmgirlscouts.org/ourcamps](http://nmgirlscouts.org/ourcamps)



**HOW TO FOLD:**

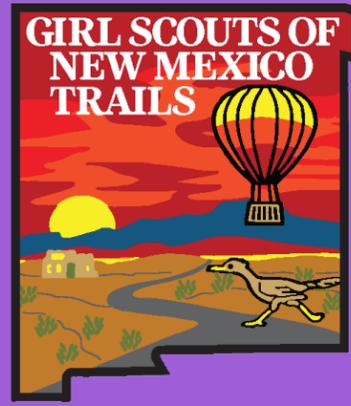
1. Print page and cut along the dotted line at the bottom so you have a square.
2. Color it in
3. With the colored side facing down, fold the paper diagonally, making a triangle.
4. Fold it in half to make a smaller triangle.
5. Unfold. You should have creases in the shape of an X.

**HOW TO PLAY:**

1. Hold the fortune teller with your fingers.
2. Pick a Girl Scout Level. Spell out the letters of that level (i.e. D-A-I-S-Y) while alternating a pinching and pulling motion with the teller.
3. The teller will reveal 4 numbers. Pick one and move the teller the corresponding number of times.
4. Choose a number again, then open the flap and reveal your Girl Scout motto.

# Girl Scouts of New Mexico Trails Council's Own Patches

Learn about the history of Girl Scouts of New Mexico Trails, about Ballooning in New Mexico, the Historic Route 66, and more! A special thank you for supporting the creation of three new Council's Own Patches for girls to learn about: Kroger Zero Hunger, Zero Waste patch, PNM Resources Community Safety patch, and Blue Cross Blue Shield of New Mexico Healthy Kids, Healthy Families patch! Learn more at [nmgirlscouts.org/councilpatches](https://nmgirlscouts.org/councilpatches)



## La Tienda

La Tienda is your location for all Girl Scout gear, in-store and online.

### Why Uniforms Matter

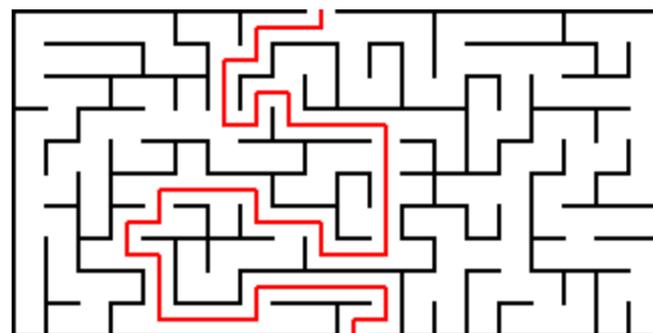
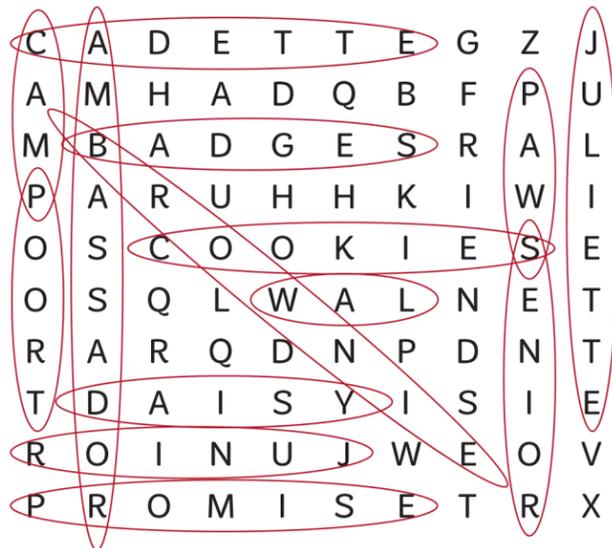
For over a century, Girl Scouts have proudly worn distinctive, grade-specific uniforms that symbolize everything a girl can achieve through Girl Scouts. Girls from each grade level have one official uniform item (a sash, vest, or tunic) to display badges, pins, insignia, and awards. This item is required when girls participate in ceremonies or officially represent Girl Scouts. Financial Assistance for uniforms is available.



### How to Wear It

Wondering where to add a new badge or pin? Each grade level has a video to guide you on where to place insignia, badge, and awards on your sash, vest, or tunic. Fun patches always go on the back, while awards and badges go on the front! [girlscouts.org/uniforms](https://girlscouts.org/uniforms)

## Puzzle Answer Keys



### La Tienda Location

**Girl Scouts of New Mexico Trails Service Center**  
4000 Jefferson Plaza NE  
Albuquerque, NM 87109

(505) 923-2522 • [shop@nmgirlscouts.org](mailto:shop@nmgirlscouts.org)  
Order online any time: [bit.ly/GSNMTShop](https://bit.ly/GSNMTShop)



Girl Scouting builds girls of courage,  
confidence, and character, who make  
the world a better place.

# Find your next adventure with Girl Scouts!



Girl Scouts have many definitions for adventure—from exploring their community to trekking through the deep woods, or from a field trip to a local museum to getting on a plane and exploring a different culture overseas—they find ways to push past their limits and let their inner explorer run free.

Girl Scouts give girls the chance to travel, try outdoor activities, and develop life skills that help them excel in school, at soccer practice, and throughout their lives. Join us today.

[nmgirlscouts.org/join](https://nmgirlscouts.org/join)