Virtual Program – Outdoors

Week 11: Summer Solstice All Ages

The longest day of the yea, often touted as the "start of summer", will be June 20, 2020. Even though the Summer Solstice (as the longest day of the year is called) falls well into our summer weather here in New Mexico, it's still a great opportunity to take a break from normal activities and celebrate! Follow the links in this handout and don't forget to join us on June 20 at 5:00 pm for our Family Camp In/Out where we'll also being celebrating the Solstice together as a big GSNMT family!

Learn about the Summer Solstice

- History Channel
- National Geographic
- SciShow Kids Youtube

Get in the mood!

- Dress in cool, comfortable clothes and take a walk in nature and enjoy the sunshine; what do you see, hear, smell? Do you have flowers growing in your yard? Pick a few flowers and grasses (from your own yard only, or with permission from neighbors) and make a flower crown!
 - With Wire and Floral Tape
 - Without Wire, Wrapping Only
 - Don't have any flowers near where you live? No problem! Wear a pre-made flower crown or <u>make one out of paper</u>.

Harness the power of the sun: Use a Solar Oven

• Check in on Tuesday June 16 for a video Tutorial on how to make and use a solar oven with valued volunteer Nancy Wiggins!

Additional Resources

- o 10 Ways to Celebrate the Summer Solstice with Kids
- o <u>9 Ways to Celebrate with Kids</u>

Register for our Family Camp In/Out: Summer Solstice Theme at www.nmgirlscouts.org!

Don't forget to connect with us on social media!

>	Insta: @nmgirlscouts	>	Facebook: facebook.com/nmgirlscouts
>	Twitter: @nmgirlscouts	>	Website www.nmgirlscouts.org

Have further questions or comments to make? Let us know by emailing <u>customercare@nmgirlscouts.org</u>

